**AUGUST MORNING 2023**

**REVISION CAT**

1. Mr. Mutua is 98 years old. He tells you that he has lived a good life and he’s “ready to go when the good Lord takes me.” Mr. Mutau is expressing feelings of:

a) Hope

b) Acceptance

c) Denial

d) Giving up

1. Which statement about a partner's death is ***true?***

a) The surviving partner's life will not likely change.

b) Preparing for the event lessens grief.

c) Grief cannot cause physical problems.

d) Feeling s of loss and emptiness occur.

1. A person has a catheter. You are going to turn the person from the left to the right side. What should you do with the drainage bag?

a) Move it to the right side.

b) Keep it on the left side.

c) Hang it from an IV pole.

d) Remove it.

1. For catheter care

a) Clean from the drainage tube connection up the

catheter at least 4 inches

b) Clean from the meatus down the catheter at least 4 inches

c)Pull on the catheter to make sure it is secure

d) Clamp the catheter to prevent leaking

1. Cold applications

a**)** Prevent swelling and decrease circulation

b) Dilate blood vessels

c) Prevent the spread of microbes

d) Increase bleeding

1. To give perineal care to a male, you

a) Use a circular motion and work toward the meatus

b) Use a circular motion and start at the meatus and work outward

c) Wear gloves only if there is drainage

d) Use only water

1. Type 1 diabetes happens as a result of the following except:
   1. The body cells that make insulin alpha cells in the pancreas are destroyed.
   2. The body cells that make insulin beta cells in the pancreas are destroyed.
   3. The immune system destroys the insulin-producing cells of the pancreas.
   4. A person's genes are one of many possible factors.
2. Some of the common urinogenital problems in female elder include the following except:
3. Urge for frequent urination
4. Urinary tract infections
5. Enlarged prostate
6. Prolapsed uterus
7. Tachypnea refers to
8. Fast heart rate
9. Slow heart rate
10. Slow breathing
11. Fast breathing
12. What is the second stage of grief?
13. Anger
14. Denial
15. Acceptance
16. Depression
17. In order to make the elder cope with dementia, you should:

a) Do not remind them of anything that they may have forgotten

b) Keep telling them that they are of no use and degrade their self esteem

c)Spend minimal time on yourself and let yourself get exhausted

d)Encourage them to perform small activities that they are comfortable withffff

1. How does an elderly person react in the stage of anger?

a) Starts to pray every day to bring back the lost one

b) Gets confused about how to continue living without their loved one

c) Maybe angry at themselves, the family, or even God

d) Is happy and goes about their normal routine as if nothing has happened

1. When is an ostomy appliance used?

a) When a person is incontinent of urine or feces

b) When a stool sample is required of the person

c)When a person has had the bladder or a portion of the bowel surgically removed

d) Before, during or after surgery

1. Forgetting where you put your wristwatch is an example of the memory loss that

occurs with:

a) Delirium.

b) Dementia.

c) Illness.

d) Normal aging.

1. Dementia is defined as:

a) Another word for Alzheimer’s disease.

b) A group of symptoms involving loss of memory and thinking abilities.

c) A specific disease that affects memory.

d) Personality changes related to aging.

16. Mrs. Johns is in the last stages of a terminal illness. She tells you that she believes science is on the brink of discovering a cure for her condition. Mrs. Johns is expressing:

a) Denial.

b) Anger.

c) Hope.

d) Grief

17. How long should you wait for a pain-relief drug to take effect before wound dressing?

a) 5 minutes

b) 10 minutes

c) 15 minutes

d) 30 minutes

18. Heat applications

a) Decrease blood flow

b) Constrict vessels before dilating them

c) Tighten muscles

d) Relieve pain

19. Tachypnea means that respirations are

a) Slow

b) Rapid

c) Absent

d) Difficult or painful

20. Which should you report to the nurse at once?

a) A respiratory rate of 18 per minute

b) An SpO2 of 97%

c) Bubbling in a humidifier

d) Dyspnea

21. A person's SpO2 is 98%. Which is true?

a) The pulse oximeter is wrong.

b) The pulse is 98 beats per minute.

c) The measurement is within normal range.

d) The person has hypoxia

22. A person has weakness on the right side. ADL`s are

a) Done by the person to the extent possible

b) Done by you

c) Delayed until the right side can be used

d) Supervised by a therapist

23. Stress is

a) A way to cope with or adjust to every-day living

b) A response or change in the body caused by some factor

c) A mental health disorder

d) An unwanted thought or idea

24. Bipolar disorder means that the person

a) Is very suspicious

b) Has anxiety

c) Is very unhappy and feels unwanted

d) Has severe extremes in mood

25. Which is a sign of depression in older persons?

a) Hallucinations

b) Appetite changes

c) Increased energy and activity

d) Garbled speech

26. Which statement about substance use disorder is true?

a) Legal substances cannot cause addiction.

b) Substance abuse causes problems at work, home, or school.

c) Complications of substance abuse are minor.

d) There is no treatment for substance abuse.

27. When cleaning dentures

a Rinse the dentures in the water in the sink

b Carry the dentures in your hands

c Line the sink with a towel

d Rinse the dentures in hot water

28. Anxiety is an intense and sudden feeling of fear or dread

a) True

b) False

29. Children and older persons can experience depression.

a) True

b) False

30. Unconscious persons are in supine position for mouth care.

a) True

b) False

31. A toothbrush with hard bristles is used for oral hygiene.

a) True

b) False

32. You use your fingers to keep the unconscious person's mouth open for oral hygiene

a) True

b) False

33. Which must you report to the nurse?

a) Clean dentures

b) Moist and intact lips

c) Bleeding gums

d) Food between the teeth

34. When assisting with daily care, you

a) Clean an incontinent person as often as needed

b) Give early morning care after breakfast

c) Follow your own routines and habits

d) Change soiled linens in the afternoon

35. Soaps

a) Dry the skin

b) Replace skin oils

c) Soften the skin

d) Reduce perspiration